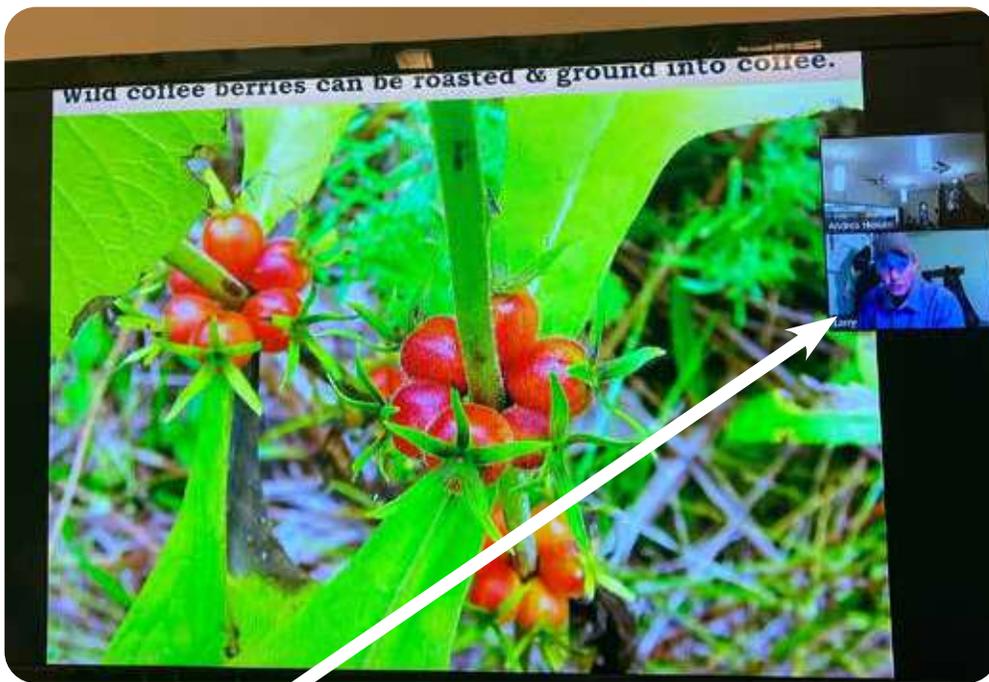




HERALD

Providing senior living options for everyone



Lake Meyer's Larry Reis recently provided an electronic program to Aase.

Technology brings entertainment during COVID-19 lockdowns

The pandemic has been a rollercoaster of open and closed visitation opportunities. When Aase Haugen is in lockdown, outside entertainment is suspended. But with the technology of Zoom, Larry Reis from Lake Meyer, is still able to bring his interesting presentation to our residents on the Chapel big screen TV. Notice in the photo at left you can see Larry, in the inset and watch his ever-changing, colorful presentation. He can see the residents and even answer their questions! Our heartfelt thanks to Larry for giving so much to the benefit of our residents.



Aase Haugen was pleased to sponsor the Memory Garden again for the Walk to End Alzheimer's, which was held on September 18, 2021. We had a goal to raise \$1,500 and thanks to the generous support of family and staff, we have raised nearly \$1,700! We're proud to be the area's only CCDI facility for intermediate and advanced dementia care, and we will continue to walk to find a cure. Our sincere gratitude goes out to everyone who donated and participated.

Resident Spotlight *Meet Arlan Forde*



Arlan Forde is 100% Norwegian and grew up on a farm just north of Sattre, Iowa. "I was the youngest in my family," says Arlan. "And I lived just four miles from where I was born until I went to the U.S. Army and I spent some time stationed in Germany." He

says they farmed the land and milked cows in addition to have a few chickens and pigs. "I remember taking eggs down to the Sattre store with my brother," he said. "We'd trade them for food, like flour. My mom used to make the best bread from that flour."

Arlan married Marjorie and they raised two children.

They started out farming with horses and then got a tractor. "Seems like we got another tractor about every two years after we started that!" Their family continued to grow and he said with a smile, "I have a bunch of grandkids today!" A couple of his granddaughters live close by and on the day we interviewed, he was set to go out for a ride with his daughter. "I like fall," he said. "The leaves are nice to look at."

When asked what his favorite food is, he said, "Oh, I'll eat just about anything!" But he did admit that he likes ice cream and was happy to hear that Aase was serving ice cream all day on Wednesday that week!

Arlan is about 88 years old and says he doesn't have any secrets to a long life, but he added, "My mother lived to be almost 100, so I come from a long line." He says he likes living at Aase. "The people are good to me here and the food is good too!"

We are happy you are a part of our Aase Haugen family, Arlan!



Pictured above from left is Aase Haugen Administrator, Orson Bauder, who introduced our Centenarians at a special event held on September 22. The photo on the right is Aase's 102 year old centenarians, Jo Brannan and Richard Dinger. Jo and Richard received customized Smucker Jelly Jars with their photo on it along with chocolates and a video feature of their lives.!

Special thanks to RSVP volunteer, Dale Dougherty, for tending to the watering of our flower pots during outbreak!

A message from our Administrator



Orson Bauder
Aase Haugen Senior
Services Administrator

Dear Resident, Families,
Friends and Staff,

October is here, time for the World Series in baseball. Football is now in full swing. It's time to get the sweatshirts out and eat caramel apples. The new television premiers are out. Our weather is cooler, and the trees are turning color. Colleges and high schools are having their homecomings.

There are hayrides with hot

chocolate afterwards. Kids are carving their Halloween pumpkins and parents are sipping cider. Ah yes, Fall is here.

On September 22, the Food and Drug Administration amended the Emergency Use Authorization for the COVID-19 Pfizer vaccination to allow the use of a single booster dose to those who received the Pfizer vaccine and to be administered at least six months after completion of the primary series. The Pfizer vaccine is the vaccine the facility provided back in December of last year and in January of this year. We are planning to have our clinic on October 12, to get all residents and staff that want, and have received the series, a booster and a flu shot. We have checked into this to make sure that we can do this safely and we have had this confirmed by multiple sources including the CDC and the Advisory Committee on Immunizations Protocols. I am thrilled about this because we were having so many breakthrough cases. The last five staff members who had COVID were fully vaccinated at the time we ran our first series, so we know the Pfizer vaccine efficacy has been reduced over time. At this time the booster does not include Moderna or Johnson & Johnson. Although those companies are also seeking the same approval. We still have a high rate of COVID-19 in our County according to the CDC we are still over 10% so we will continue to test staff twice a week. Please continue to be careful and wear your mask when out in public. Pfizer is also now seeking approval for children ages 5 to 12.

Remember doctors also recommend that all residents and staff get a flu shot. Flu alone leads to 200,000 hospitalizations and about 36,000 deaths nationwide each year. We do have a compromised population that

needs as much protection as possible, so get the flu shot too.

As for the vaccine mandate for nursing homes here is what has happened. The legislation to mandate all nursing home staff to be vaccinated was changed to now mandate all healthcare providers from clinics, hospitals and nursing homes. Making it an across the board mandate for all healthcare providers and tying it specifically to Medicare and Medicaid funding. Making the mandate more equitable for all has delayed the legislation. At this time, it appears that the legislation will probably not get passed until the end of November. I want to remind everyone that 85% of our staff is fully vaccinated and we are expecting those to also get the booster. We do however have to follow the guidelines if someone got their shots later or if they received different vaccinations.

I want to remind everyone there is a staffing shortage everywhere and for all business. We are trying our very best to do a great job for everyone. Just a reminder to please be kind to our staff that is serving you and your loved one.

As always, we hope everything is going well for all our residents. Our staff works hard to ensure all our residents are well cared for, comfortable, and as happy as possible. However, if you do have a concern, please let us know as soon as possible. We cannot fix something if we do not know about it. Once we are aware of the concern, we will address it immediately and make every effort to correct it.

Happy Halloween!

Sincerely,

Orson Bauder
Administrator

Our deepest sympathy to
the families and friends
of Dave Svenson and
Shirley Ludeking who
recently passed away.



Employee Spotlight

Meet Dori Frana



Dori has been serving at Aase Haugen for nearly 25 years. She started as an Environmental Aide, moved to a Certified Nurses Aide, then on to Rehab Aide and PPS RUGS Coordinator, before joining the Business

Office as Accounts Receivable and Payroll Clerk. "I will have been at Aase for 25 years this coming December," says Dori. "I've met so many residents over those years who have always had something unique to share. I really enjoy the residents."

Dori grew up in a family of six with one sister and two brothers. "My dad was in the Navy for 20 years, so we lived everywhere from the Great Lakes to out West. My sister became my best friend because as 'Navy kids' we were never in one place long enough to make a best friend like other kids did," Dori says. "I remember the time when my dad was going to get stationed in Guam, and our whole family was going to move there. It was scary because Guam wasn't really a safe place for us," she said. "At the last minute they switched his assignment to California, and we were

so happy!" Dori says her experience moving with her family taught her how to communicate with lots of different types of people.

She says her most memorable move while she was a child was when they headed through Montana on their way back to Iowa where both her mother's and her father's families lived.

Today Dori and her husband Kevin have five children of their own and they are expecting their 12th grandchild in 2022. "I have lots of hobbies," says Dori. "I like to sew, crochet, cross stitch, embroider and I taught myself how to knit!" She says she likes learning new things and she also spends time making and selling jewelry. She says her favorite flower is the Hollyhock and her favorite food is anything that crunches! "My mom used to make tacos with hard shells that crunch," she added. "I remember that and I really love tacos."

When asked if there was anything people don't know about her, she explained that she has always been a person who can feel energy from other people. She believes in signs from the other side and has long been a believer in Eastern medicine for healing. "My kids think I'm pretty unusual," says Dori. "But my faith is strong."

She says she's looking forward to moving to the new Aase Haugen building in the future. "I think it will enable the workers to give better care because it will be a more efficient design. I also think the people who live here will benefit from the family-oriented layout."

Thanks for all you do, Dori, we are so happy you are part of our Aase Haugen family.

Learn more about Iowa's SHIIP (Senior Health Insurance Information Program)

SHIIP (Senior Health Insurance Information Program) is a program through the State of Iowa – staffed by trained volunteers – that provides free informational materials as well as one-to-one assistance with:

- Medicare coverage
- Medicare supplement insurance
- Medicare Part D assistance and enrollment (prescription insurance)
- Long-term care insurance
- Medicare and insurance claims
- Other related issues

SHIIP does not endorse insurance companies, plans or

agents; the volunteers answer questions and provide impartial information to help seniors make well-informed decisions. SHIIP is available to help if you:

- Are going on Medicare
- Are over age 65, on Medicare, and have questions
- Are on disability with Medicare and Medicaid
- Learn more about SHIIP by visiting <http://www.shiip.state.ia.us/>.

How to make a SHIIP appointment

SHIIP volunteers are available by appointment at Winneshiek Medical Center in Decorah by calling 563-387-3036.

Due to demand for our high quality care, we are adding staff and offering terrific sign-on bonuses to join our full time team!

\$5,000 for RN/LPN

\$3,000 for CNA/CMA

\$1,000 for Dietary/Cooks

\$1,000 for Houskeeping

\$1,000 for Activites

Apply online at

www.aasehaugen.com/careers

or call us at 563-382-3603

Pandemic Visiting Rules

Aase Haugen allows visits in compliance with state and federal regulations.

- Family and friends are encouraged to contact Aase Haugen Activities Department to arrange any visit or outing. Contact andrea.hexom@aasehaugen.com or call 563-382-3603.
- If allowed, family members may visit in resident rooms if requested, but we have to limit the number of family visits in the building at one time. If you are not feeling well or if you have any symptoms, please contact us to cancel and reschedule.
- Masks still need to be worn by all visitors.
- All visitors will continue to be screened in and out.
- No wandering in hallways is allowed. If you need something, please use the call light to get assistance.

Floral deliveries and the delivery of items such as food from certified kitchen and clothing dropped off by families are welcome. Thank you for your continued confidence in Aase Haugen.



*Thank
you
for
these
gifts*

Given September 1 through September 30, 2021

Elaine Rubin Moorin..... In memory of Amy Rue

Chris & Rhonda Storlie In-Kind Gifts

Hauge Lutheran Church..... CCDI Dementia Care

Ruth Woldum In memory of Connie Bolson

Bruce & Betty Schuman..... CCDI Dementia Care

Max & Linda Quaas In-Kind Gifts

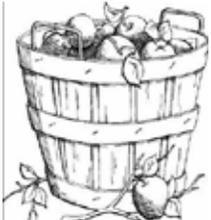
As a social ministry of the Evangelical Lutheran Church of America, and governed by 23 local Christian congregations, we thank you for your continued prayers and support.

Please keep us in your thoughts and prayers.

A bequest to Aase Haugen Senior Services takes very little time to establish, but can mean a lifetime of comfort and compassion for those in need of our services.



October Activities Calendar

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY |
|--|--|---|--|
| <p>All group activities take place in the Chapel unless otherwise noted.</p>  |  <p>Unscheduled time dedicated to 1-1 visits and outdoor visits.</p> |  | <p>ACTIVITY LOCATION KEY: AR = Activity Room MDR= Main Dining Room Gather in the Chapel, listen to music and watch nature or music videos one half hour before meals</p>  |
| <p>3 Arlene Larson 9:30 a.m. Let's Get Moving! 10:15 a.m. Hymn Karaoke 2:00 p.m. First Luth. Service on Channel 37 3:00 p.m. Holy Mass</p> | <p>4 9:30 a.m. Let's Get Moving! 10:15 a.m. Decorah Luth. Worship Service Rebroadcast 4:00 p.m. Danny O'Donnell</p> | <p>5 9:30 a.m. Let's Get Moving! 10:15 a.m. Pr. Hanson 11:00 a.m. The Secrets Of Nature 2:30 p.m. BINGO 4:00 p.m. Carol Burnet Show</p> | <p>6 9:30 a.m. Let's Get Moving! 10:30 a.m. Communion: First Lutheran 11:00 a.m. Johnny Carson Animals 4:00 p.m. Bible Study With Angie 5:30 p.m. Brain Games With Izzy</p> |
| <p>10 9:30 a.m. Let's Get Moving! 10:15 a.m. Keep the Faith 2:00 p.m. Good Shepherd Channel 37 3:00 p.m. Holy Mass On Ch. 37</p> | <p>11 Mildred Jacobson 9:30 a.m. Let's Get Moving! 10:15 a.m. Curt and Linda Gjere Concert 11:00 a.m. Meerkat Manor 3:30 p.m. Decorah Lutheran Rebroadcast</p> | <p>12 Virgie Granger 9:30 a.m. Let's Get Moving! 10:15 a.m. Pr. Hanson 11:00 a.m. Old Time Legends Of Rock and Roll 12:30 p.m. Resident Council 2:30 p.m. BINGO 3:15 p.m. Larry Reis –Creepy Critters</p> | <p>13 Dorothy Bohach 9:30 a.m. Let's Get Moving! 10:30 a.m. Communion: Good Shepherd 11:00 a.m. Elvis 2:30 p.m. Lollipop Ghosts 4:00 p.m. Bible Study with Angie 5:30 p.m. Brain Games</p> |
| <p>17 9:30 a.m. Let's Get Moving! 10:15 a.m. Keep the Faith 2:00 p.m. 1st Lutheran on Ch. 37 3:00 p.m. Holy Mass Ch. 37</p> | <p>18 Walter McIntosh 9:30 a.m. Let's Get Moving! 10:15 a.m. Decorah Luth. Rebroadcast 11:15 a.m. Nature Documentary 4:00 p.m. Frank Sinatra</p> | <p>19 9:30 a.m. Let's Get Moving! 10:15 a.m. Pastor Hanson 11:00 a.m. American Bandstand 2:30 p.m. BINGO 4:00 p.m. Julie Andrews</p> | <p>20 9:30 a.m. Let's Get Moving! 10:30 a.m. Communion: Calmar Lutheran 2:30 p.m. Lollipop Ghosts 4:00 p.m. Bible Study With Angie 5:30 p.m. Brain Games</p>  |
| <p>24 9:30 a.m. Let's Get Moving! 10:15 a.m. Hymn Karaoke 2:00 p.m. First Luth. Channel 37 3:00 p.m. Holy Mass On Channel 37 9:30 a.m. Let's Get Moving 10:15 a.m. Hymn Karaoke 2:00 p.m. Good Shepherd 3:00 p.m. Holy Mass 4:00 p.m. Kids Candy Parade</p> | <p>25 Marjorie Hove 9:30 a.m. Let's Get Moving! 10:15 a.m. Decorah Lutheran Service 2:30 p.m. Bingo 4:00 p.m. Ed Sullivan Show DVD</p> | <p>26 Staff Halloween Costume Day 9:30 a.m. Let's Get Moving! 10:15 a.m. Pr. Hanson 11:00 a.m. Red Skelton 2:00 p.m. All Staff Inservice 3:00 p.m. Staff Costume Parade and Voting</p> | <p>27 9:30 a.m. Let's Get Moving! 10:15 a.m. Trivia 11:00 a.m. Ed Sullivan 3:00 p.m. Communion: Washington Prairie 4:00 p.m. Bible Study w/Angie 5:30 p.m. Brain Games</p> |

All group activities take place in the Chapel unless otherwise noted. All Activities are Subject to Change, Check Whiteboards Daily. Alternate indoor activity if Courtyard Visits are not possible. Trivia, music, reminiscing and games during Courtyard Visits. Gather in the chapel and watch nature or music videos one half hour before noon meal. **ACTIVITY LOCATION KEY: AR = Activity Room MDR= Main Dining Room**

September Staff Birthdays: 1st – Tashina Meyer, 3rd - Karlene Anfinson, 4th – Jaclyn Zidlicky, 5th – Cortney Ryan, 6th – Sarah Olson, 10th – Cameron Hamilton, 16th – Caroline Handley, 21st – Leah Cullen, 24th – Payton Griffith, 26th – Dawn Tovar, 27th – Barbara Hellen

| THURSDAY | FRIDAY | SATURDAY |
|--|---|---|
| <p>All activities are subject to change, please check whiteboards daily.</p>  | <p>1 Hanna Langholz, Arlyne Seim, James Weis, William McClain</p> <p>9:30 a.m. Let's Get Moving! 10:15 a.m. Crafts 11:00 a.m. Old Car Commercials 4:00 p.m. Grand Ole Oprey Stars of the 50s</p> | <p>2</p> <p>9:30 a.m. Let's Get Moving! 10:15 a.m. Games 11:00 a.m. Tractor Videos 4:00 p.m. Waylon Jennings</p> |
| <p>7 9:30 a.m. Let's Get Moving! 10:15 a.m. Pr. Hanson 11:00 a.m. The Beverly Hillbillies 3:00 p.m. The Rosary And Communion 4:00 p.m. Perry Como 5:30 p.m. Current Events</p> | <p>8</p> <p>9:30 a.m. Let's Get Moving! 10:15 a.m. Decorate Treat Bags 11:00 a.m. Sonny & Cher Show 4:00 p.m. Swing Dancing</p> | <p>9 Leif Erikson Day</p> <p>9:30 a.m. Let's Get Moving! 10:15 a.m. Games 11:00 a.m. Rick Steve's Scandinavia 4:00 p.m. Lawrence Welk</p> |
| <p>14</p> <p>9:30 a.m. Let's Get Moving! 10:15 a.m. Pr. Hanson 11:00 a.m. Three Stooges 3:00 p.m. The Rosary And Communion 4:00 p.m. The Land of Pandas 5:30 p.m. Current Events</p> | <p>15</p> <p>9:30 a.m. Let's Get Moving! 10:15 a.m. Decorate Treat Bags 11:00 a.m. I Love Lucy 4:00 p.m. Big Joe Polka Show</p> | <p>16 John Lilligraven</p> <p>9:30 a.m. Let's Get Moving! 10:15 a.m. Jon Thompson Concert 11:00 a.m. Secrets of Nature 4:00 p.m. Gary Froiland</p> |
| <p>21</p> <p>9:30 a.m. Let's Get Moving! 10:15 a.m. Pr. Hanson 11:00 a.m. Hauser Concert 3:00 p.m. Mass with Fr. Gross 4:00 p.m. Danny O'Donnel 5:30 p.m. Current Events</p> | <p>22</p> <p>9:30 a.m. Let's Get Moving! 10:15 a.m. Decorate Treat Bags</p>  <p>11:00 a.m. Lawrence Welk 4:00 p.m. Glen Campbell</p> | <p>23</p> <p>9:30 a.m. Let's Get Moving! 10:15 a.m. Games 11:00 a.m. Cirque du Soleil 4:00 p.m. Our Gang</p> |
| <p>28 Verna Sand</p> <p>9:30 a.m. Let's Get Moving! 10:15 a.m. Pr. Hanson 11:00 a.m. Julia child 3:00 p.m. The Rosary And Communion 4:00 p.m. I Love Lucy 5:00 p.m. Current Events</p> | <p>29 Jerry Falck</p> <p>9:30 a.m. Let's Get Moving! 10:15 a.m. Fill Treat Bags</p>  <p>11:00 a.m. 50s cars and songs 4:00 p.m. The Johnny Cash Show</p> | <p>30</p> <p>9:30 a.m. Let's Get Moving! 10:15 a.m. Games 11:00 Horror Hall of Fame With Vincent Price 3:00 p.m. Movie Abbot and Costello</p> |



4 Ohio St. Decorah, IA 52101

Nonprofit Org.
U.S. POSTAGE
PAID
Decorah, Iowa
Permit No. 225

We'd love to see you on Halloween!

Calling all ghosts and goblins,
witches and warlocks,
pumpkins and scarecrows, and more!
Aase Haugen invites
children to Halloween
window parade

Aase Haugen Senior Services invites area children to join in a Halloween window parade on Sunday, October 31 from 4:00 to 4:30 p.m. The parade will start on Ohio Street at the Rivers Dementia Unit solarium windows, the children will walk around past the Assisted Living sunroom and then by the great windows of the cafeteria. Residents will be putting together baskets of treats for outside the building for the children.

