

Aase Haugen
Senior Services

HERALD

Providing senior living options for everyone



Local pharmacists, Mark Branum, PharmD, provided COVID-19 booster vaccinations to staff and residents in October. Branum also serves as Aase Haugen's pharmacy consultant and participates in monthly quality assurance meetings. Pictured above is Aase Haugen's Jenifer Mtisi, RN, receiving the vaccination from Branum.



Aase Haugen Senior Services hosted a window Halloween Parade for area children. Due to COVID-19 restrictions, the children were invited to parade by the big windows around the building where residents could wave and enjoy their costumes and smiles. Several residents put together treat bags for the kids to pick up outside.



A message from our Administrator



Orson Bauder
Aase Haugen Senior
Services Administrator

Dear Resident, Families,
Friends and Staff,

November is a time to reflect on our many blessings. At times we forget that just by living in the United States we have so many freedoms, opportunities and reasons to be thankful for. The first Thanksgiving celebration was held by the Plymouth Pilgrims in 1621, also known as the Puritans. The celebration lasted

three days: with games as well as a feast. The reason for holding the first Thanksgiving was that the Pilgrims were thankful to be alive. Governor William Bradford invited the Wampanoag Indian tribe because they taught the Pilgrims how to cultivate the land, making it possible for them to survive. President George Washington proclaimed the first National Day of Thanksgiving. It is true we have much to be thankful for.

Talking about Thanksgiving we will allow visitors, if we are open, to schedule visits through the Activities Department. If we are not open, you will still need to check with the Activities Department for a possible compassionate visit. We will not be having our normal dinner like we have done in years past. We would love to do it, but we really can't make it safe if we all sit down to eat and take our masks off. We will help assist with outings however these also need to be scheduled through the Activities Department as well. If you do take your loved one out, please understand we will do our best to care for all residents and transfers into cars are secondary to resident care.

On October the 12th Aase Haugen and the Assisted Living had our clinic for the Pfizer vaccine booster and flu shot for all residents and staff. This did not include all residents as some were vaccinated at different times. We are still seeking consents from a number of families to get the booster. We will be having another clinic for those who had the Moderna vaccine on November the 9th. Again, we encourage everyone, residents and staff to get the booster. We

are hoping this dramatically slows the numbers of breakthrough cases we have seen with staff that were fully vaccinated so we can keep our doors open.

Winneshiek County as of the end of last week reported our community has a COVID-19 rate of 10.21%, meaning that all staff must be tested twice a week. That all staff must wear their mask at all times as well as their goggles. At this time, we have a resident in the Assisted Living that has tested positive for COVID-19 and because of this, visiting is closed. At this time our nursing facility is open for visitors to schedule appointments for in person visits with the Activities Department.

Window visits, face time visits, phone calls and letters are all still possible. Inside visits with visiting rooms are also possible. Outside visits are also still possible too, however the weather may have something to say about visiting or not.

As always, we hope everything is going well for all our residents. Our staff works hard to ensure all our residents are well cared for, comfortable, and as happy as possible. However, if you do have a concern, please let our team know about it as soon as possible. We cannot fix something if we do not know about it. Once we know of the concern, we will address it immediately and make every effort to correct it.

Thank you for your continued confidence in Aase Haugen. If you are satisfied with our services, please tell a friend.

Have a Happy and Safe Thanksgiving.

Sincerely,

Orson Bauder
Administrator

Our deepest sympathy to
the families and friends of
Avis Berns and
Richard Quaas who
recently passed away.



Resident Spotlight



Marjorie Olson grew up just east of the city of Decorah, and married Milton Hove in their country church near Decorah. Together they farmed the 'Olson Place' at the top of the hill on Old Stage Road past Freeport.

They also raised four children on the farm and went to church at Glenwood. Today, Marjorie says enjoys several grandchildren and even has six great-grandchildren.

Marjorie sometimes answers to Marge, and says, "I guess I go by either name; it just depends on how much of a hurry people are in when they talk to me!" Her grandparents grew up in Norway and the

Meet Marjorie Hove

family immigrated to Winneshiek County. "I went to Norwegian school, and we learned Bible verses every day," she shared. "Our teacher was Oscar Loevstuen, and he was our preacher too."

Her husband, Milton, participated in the Luren Singers and Marjorie says, "We took two trips to Norway with the Luren's and some of the friends we made there traveled to stay with us in the states too. It was all so nice."

When asked what her favorite foods were, she said, "I eat most everything!" She also says she likes all flowers and even grew big gardens while she was on the farm. Music is another favorite of Marjorie's. "I like so many types of music and songs, it's hard to choose a favorite," she said. When asked for advice on how to live a long life, she said, "Just enjoy all people – that's what I do."

She says her family has had someone living at Aase Haugen Homes most all her life, including all of her aunts. She says, "The workers do a good job here and I am happy." We are happy you are here too, Marjorie!

Employee Spotlight

Meet Andrea Hexom



Andrea Hexom is Aase Haugen's Activities Director and has been serving the needs of our residents for seven years.

She grew up in Waukesha, Wisconsin and attended the University of Wisconsin-Madison. She lived in Spain

from 1987-2013 where she taught English as a second

language. Andrea's daughter, Isabel, was born in Spain and currently works at Aase Haugen while attending Luther College.

When asked about her favorite things, Andrea says she loves to travel, has a preference for food with garlic and spices, chooses Lily of the Valley as her favorite flower and her favorite hymn is Church in the Wildwood. And her advice for a good, healthy life is: cook the food you grow for yourself.

"There are some very special people working at Aase Haugen," says Andrea. "I am excited for the new building that will make our work much easier and more efficient while also making it more home-like for our residents."

Thanks for all you do, Andrea, you are a very important member of our Aase Haugen family.

Salute to our Veterans

Veterans Day pays tribute to all American Veterans who served our country honorably during war or peacetime. Veterans Day occurs on November 11th every year in the United States in honor of the "eleventh hour of the eleventh month" of 1918 that signaled the end of World War I, known as Armistice Day.

"Aase Haugen is proud to be a home to many veterans," says Andrea Hexom, activities supervisor at the nursing home. "Their stories fill us with awe as we learn from their experiences, and we want them to know how grateful we all are for the sacrifices they have given for our freedom. They are true American heroes."



Due to demand for our high quality care, we are adding staff and offering terrific sign-on bonuses to join our full time team!

\$5,000 for RN/LPN

\$3,000 for CNA/CMA

\$1,000 for Dietary/Cooks

\$1,000 for Houskeeping

\$1,000 for Activites

Apply online at

www.aasehaugen.com/careers

or call us at 563-382-3603

Pandemic Visiting Rules

Aase Haugen allows visits in compliance with state and federal regulations.

- All indoor nursing home visits require appointments, and because our county rate is above 10% all indoor visits will require visitors to wear masks and goggles at all times, whether or not they are fully vaccinated.
- We kindly request visits be scheduled by 3:00 p.m. the day prior to the visit.
- Please email Aase Haugen Activities Department at andrea.hexom@aasehaugen.com or phone 563-382-3603 to schedule a visit, a window visit, or facetime/skype call.
- All staff have been tested, will continue to be tested each week, wear personal protective equipment, and are screened daily upon entering and leaving the building for signs or symptoms.
- We will contact families with any in COVID-19 exposure or positive test results with staff and/or residents.
- Floral deliveries and the delivery of items such as food and clothing dropped off by families may be left at the front door.
- No wandering in hallways is allowed during visits. If you need something, please use the call light to get assistance.



*Thank you
for these gifts*

*Given October 1 through
October 31, 2021*

Louis & Norma
Albertson In Memory of Norvin
Calvin Anderson..... In Memory of Shirley Ludeking
Donna Bahr..... In Memory of Shirley Ludeking
Gordon &
Gertrude Barth In Memory of Shirley Ludeking
Big Canoe
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First Lutheran Church .. General Fund
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Ron Fox In Memory of Shirley Ludeking
Elaine Fretheim..... In Memory of Hazel Stortz
Stan & Elaine Fuchs In Memory of Shirley Ludeking
John & Karen Gipp In Memory of Norvin Anderson
Curt Gjere In Memory of Shirley Ludeking
Anonymous..... In Memory of Bruce Goetsch
Larry & Diane Grimstad In Memory of Shirley Ludeking
Steven Hildebrand In Memory of Shirley Ludeking
Shirley Johnson..... In Memory of Dave Svenson
Jenine Jordahl..... In Memory of Shirley Ludeking
Arleen Krueger..... Activites Fund
Arlene Lage..... Capital Campaign In Memory of James Lage
Steve Langland..... Capital Campaign In Memory of Shirley Ludeking
Steve Langland..... Capital Campaign In Memory of Pastor Phillip Olson
Wanda & John Lillegraven In Memory of Shirley Ludeking
Thomas Little In Memory of Shirley Ludeking
Nancy Meyer Capital Campaign In Honor of Verne Koenig's 100th Birthday
Nancy Meyer Capital Campaign In Memory of James Lage
Gary Mineart In Memory of Shirley Ludeking
Donald Mulert In Memory of Shirley Ludeking
Linda & Max Quaas..... In-Kind Gifts
Dennis Quam In-Kind Gifts
Roger Reed In Memory of Shirley Ludeking
Marion Rude..... In Honor of Shirley Ludeking
Luann Smith..... In Memory of Shirley Ludeking
Linda Svenson..... In Memory of Shirley Ludeking
Lilly Womeldorf Capital Campaign In Memory of Erlin Womeldorf

As a social ministry of the Evangelical Lutheran Church of America, and governed by 23 local Christian congregations, we thank you for your continued prayers and support.

Please keep us in your thoughts and prayers.

November Activities Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY
	1 All Saints Day 9:30 am Let's Get Moving! 11:00 am All Saints Service With Pr. Hanson 3:30 pm Decorah Lutheran Service	2 Viktor Iuden-Nelson 9:30 am Let's Get Moving! 11:00 am Pr. Hanson 2:30 pm BINGO	3 9:30 am Let's Get Moving! 10:30 am Communion: First Lutheran 3:30 pm Get Crafty 5:30 pm Brain Games
7 9:30 am Let's Get Moving! 10:30 am Keep the Faith with Casey 2:30 pm First Luth. Service on Channel 37 2:00 pm Holy Mass On Channel 37	8 Dale Putnam 9:30 am Let's Get Moving! 10:30 am Decorah Lutheran Rebroadcast 3:00 pm Communion: Good Shepherd	9 9:30 am Let's Get Moving! 11:00 am Pr. Hanson 2:30 pm BINGO	10 9:30 am Let's Get Moving 5:30 pm Brain Games
14 9:30 am Let's Get Moving! 10:30 pm Get Crafty 2:30 pm Good Shepherd Service on Channel 37 3:00 pm Holy Mass On Channel 37	15 9:30 am Let's Get Moving! 10:30 am Decorah Lutheran Service 3:30 pm Polka Kick Ball	16 9:30 am Let's Get Moving! 11:00 am Pr. Hanson 12:30 pm Resident Council 2:00 Larry Reis in Assisted Living 2:30 pm BINGO: Good Shepherd 3:15 pm Larry Reis: Iowa's Game Birds	17 9:30 am Let's Get Moving! 10:30 am Communion: Calmar Lutheran 3:30 pm Get Crafty 5:30 pm Brain Games
21 Elaine Schroeder 9:30 am Let's Get Moving! 10:30 am First Luth. Service on Channel 37 3:00 pm Holy Mass On Channel 37	22 9:30 am Let's Get Moving! 10:15 am Music with Curt and Linda 3:30 pm Decorah Luth. Service	23 Michael Viise 9:30 am Let's Get Moving! 11:00 am Pr. Hanson 2:30 pm BINGO 3:15 The Rosary & Communion 5:30 pm Thanksgiving Reminiscing	24 9:30 am Let's Get Moving! 11:00 am Trivia 3:00 pm Communion: Washington Prairie 5:30 pm Brain Games
28 Luella Pavlovec 9:30 am Let's Get Moving! 10:30 pm Good Shepherd Service on Channel 37 3:00 pm Holy Mass On Channel 37	29 9:30 am Let's Get Moving! 10:30 am Decorah Lutheran Service 3:30 pm Polka Kickball	30 9:30 am Let's Get Moving! 11:00 am Pr. Hanson 2:30 pm Bingo – 1 st Lutheran	

November Staff Birthdays: 4th – Angela Burke, 8th – Kristy Kimber, Kaylee O'Connell, 12th Luis Ixen, 14th – Margaret Callahan, 21st – Ashley Schneberger, 23rd – Colleen Kray, 24th – Kim Shelton, 30th – Jason White

All group activities take place in the Chapel unless otherwise noted. All Activities are Subject to Change, Check Whiteboards Daily. Alternate indoor activity if Courtyard Visits are not possible. Trivia, music, reminiscing and games during Courtyard Visits. Gather in the chapel and watch nature or music videos one half hour before noon meal. ACTIVITY LOCATION KEY: AR = Activity Room MDR= Main Dining Room

THURSDAY	FRIDAY	SATURDAY
4 9:30 am Let's Get Moving! 10:30 am The Rosary and Communion 3:00 pm The Rosary And Communion	5 9:30 am Let's Get Moving! 11:00 am Current Events 3:30 pm Balloon Volleyball	6 9:30 am Let's Get Moving! 11:00 am Trivia 2:30 pm Movie
11 Veterans Day 9:30 am Let's Get Moving! 11:00 am Veterans Day Program 1:30 pm The Rosary And Communion 5:30 pm Veterans Fish Dinner	12 9:30 am Let's Get Moving! 11:00 am Current Events 3:30 pm Golf	13 9:30 am Let's Get Moving 11:00 am Trivia 2:30 pm Movie
18 Arla Ruffridge 9:30 am Let's Get Moving! 11:00 am Pr. Hanson 3:00 pm Mass with Fr. Gross 5:30 Current Events	19 9:30 am Let's Get Moving! 1:00 am Trivia 3:30 pm Polka Kickball	20 9:30 am Let's Get Moving! 11:00 am Trivia 2:30 pm Movie
25 Thanksgiving 9:30 am Let's Get Moving! 11:00 am Thanksgiving Devotions one to one visits with Casey In the afternoon 	26 9:30 am Let's Get Moving! 10:15 am Current Events 3:30 pm Basketball	27 9:30 am Let's Get Moving! 11:00 am Trivia 2:30 pm Movie
<div style="border: 1px solid black; border-radius: 15px; padding: 10px; background-color: #f0f0f0;"> <p>We're looking for volunteers to join our team!</p> <p>Do you have a couple hours a week to spare? We'd love to talk with you about how you can volunteer to help make a difference at Aase Haugen. Call us today! 563-382-3603</p> </div>		

The Aase Haugen Herald is published in the interest of its many friends and family by Aase Haugen Senior Services, Inc. 4 Ohio St., Decorah, Iowa 52101. Aase Haugen Senior Services is a 501(c)3 not-for-profit, faith-based corporation and Continuing Care Retirement Community. To subscribe to this free publication, available in print or email version, write to the above address, call (563)382-3603, or email marketing@aasehaugen.com. In accordance with Federal Law and the U.S. Depart. of Agriculture policy, Aase Haugen Senior Services is an Equal Opportunity Provider/ Employer.



Thanks to all the Decorah Community School classes and other community children who brought so many smiles to us with Halloween Parades by our windows. God Bless You All!