

**Music &
Memory p.2**

**Holiday Parties
p.3**

**Patio Home
Plans p.5**

**From the
Executive
Director p.7**

Anvy Wicks was having a great time with Santa Claus during his visit at the Resident Christmas Party Dec. 19. Santa was checking his list twice and Anvy was definitely on it!



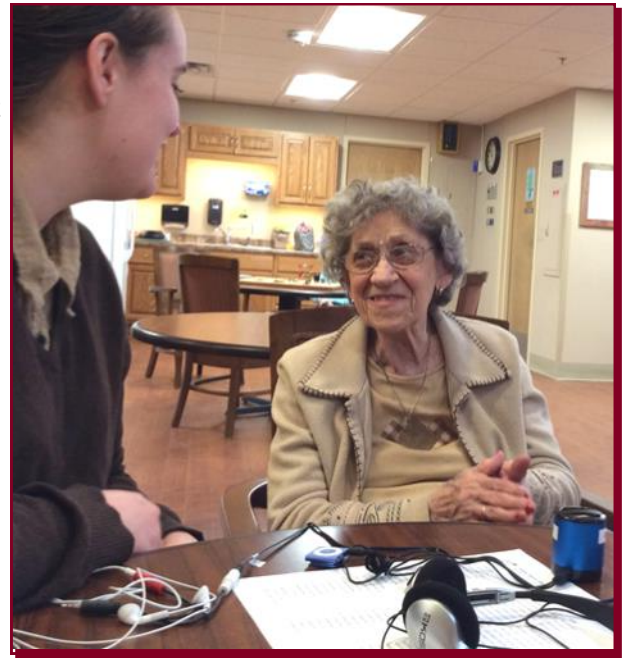
Music and Memory, Touching Lives!

We have enjoyed the assistance of several volunteers and many donors who have helped support our Music and Memory program.

At this time, we now have 6 residents in the Two Rivers Dementia Care unit that have personalized playlists and are thoroughly enjoying their personal music selections.

Each resident has their own iPod shuffle loaded with their favorite music, and we offer headphones for easy listening. Some people react better to using a speaker, so we do have that option as well. In any case, they all are engaged and involved in the music during their Music and Memory sessions.

Pictured right is Elaine Frana, enjoying her music selection and reliving a part of her past as her playlist is broadcast through the speaker in front of her. Many hours of volunteer time have gone into creating her playlist, including time spent with family members. They help give input and insight into what songs Elaine will respond to and help form the program that is finally compiled for her needs. Thank you to all who help us bring this vital music therapy to our residents!



Meal Service at Aase Haugen

A big kudos to our Food Service Crew at Aase Haugen! They provide fresh, home-cooked meals for 124 residents and tenants each and every day—plus snacks and special therapeutic diets! That’s a tall order! Not only do they ensure food safety, but they offer tasty menu choices for each meal as well—with a great eye for what resident tastes are so they have little to no food leftover at each meal. They have it down!

This minimal food leftover also makes it very hard to entertain a large number of guests for meals if the kitchen doesn’t have notice ahead of time. Bulk orders of food take time to order, coordinate and ship. Kacey Wedo, Food Service Supervisor, usually orders once a week for the next week’s menus, as it takes around 5 days to arrive for the following week for that week’s meals.

If you wish to join a loved one for a meal at Aase Haugen, know that we can easily add a guest or two within our normal menu planning, but if we get large groups (over 4 people), or several small groups of 2 or 3 without advance notice, we may not have enough food prepared to accommodate all the extra guests.

If you are planning a group to eat with loved ones at Aase Haugen, please do give us 1 week advanced notice to ensure we can accommodate all the guests that day. We appreciate your help in making meals a success at Aase Haugen! To make your reservation for meals, contact (563)382-3603 and ask for the kitchen.

A great job on the cutest Christmas Cookies around! What a wonderful Christmas Party they threw for the residents! Many thanks for their hard work!



The Aase Haugen Herald is published quarterly in the interest of its many friends and family by Aase Haugen Senior Services, Inc. 4 Ohio St., Decorah, Iowa 52101. Aase Haugen Senior Services is a 501(c)3 not-for-profit, faith-based corporation and Continuing Care Retirement Community.

To subscribe to this free publication, available in print or email version, write to the above address, call (563)382-3603, or email kate.klimesh@aasehaugen.com.

Aase Haugen Senior Services, Inc., under the auspices of the Evangelical Lutheran Church in America and governed by the leadership of 23 local corporate congregations, was founded to provide a ministry of Christian service to fulfill the physical, spiritual and social needs of the residents. The entire staff recognizes the value of personal dignity and individual rights as they endeavor to furnish quality care and services based on love and compassion for those residents who must depend on others to care for them.

In accordance with Federal Law and the U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of age, race, color, sex, religion, national origin, marital or family status or disability. We are an Equal Opportunity Provider/Employer.

Holiday Parties

We had a smashing Christmas Party for the residents on Monday, Dec. 19. The staff volunteered to go shopping for the residents to ensure each resident had a gift to open at the party. Many thanks to Doris Mooney from the Meadows Neigh-



borhood, Cori Drips from Woodlands, from Rivers Karen Berg, Kayla Schwade and Jenny Mamber who found just the right gifts for our residents!

We also must thank all those churches and private individuals who donated

toward Aase Haugen's Christmas Party for the residents.

The staff and volunteers had a wonderful time passing out presents and being jolly. Many residents commented about how nice the party was for days afterwards! These are the times we love, creating moments of joy for those we are blessed to be entrusted with.

From all of us at Aase Haugen Senior Services, we wish you the peace, love and blessings of Christmas throughout this new year. May you feel the spirit of the holidays for all of 2017!



Winter Concerts

The residents and staff of Aase Haugen Senior Services was truly blessed by many concerts and carolers this holiday season. It was a packed house for the Annual Luren Concert (pictured above right) at Aase Haugen on Dec. 3. Everyone enjoyed the powerful, yet harmonic voices singing all the songs that brought back such good memories.

We also enjoyed the Decorah Chorale (pictured below) , who came Sunday, Dec. 4 to warm our hearts

and brighten our spirits with their talents. We simply cannot thank all those who came to share their musical talents with us this holiday season; The Decorah Viking Chorus, April Kruckman's Piano Students, Regina Noel Music Studio, Luther College Sororities, the Girl Scouts, Good Shepherd Church, and many more who dropped in to carol and bring



us good cheer! Your time and talents mean so much to us, and definitely help make our spirits bright! Thank you all!

AHH Leadership

Board of Directors, Officers

President:, Steve Langland
Vice-president: Kari Rude
Secretary: Wanda Askelson
Treasurer: Jim Ulring

Members

Wanda Askelson, Glenwood Lutheran
Lashelle Evans, Lutheran Church
Rebecca Hanna, Glenwood Lutheran Church
Steve Langland, Highland Lutheran
Kari Rude, First Lutheran
Charlene Selbee, Hesper Lutheran
Ron Taylor, United Methodist
James Ulring, First Lutheran
Dennis Young, Decorah Lutheran Church

Staff Leadership

Jeffrey K. Schmidt , MS, ACHCA, Executive Director
Brenda Johnson, RN, BSN, Dir. of Nursing Services
Lisa Gerleman, RN, Asst. Dir. of Nursing Services/
Staff Development
Teri Polfer, RN, BSN, Medicare/Rehab Coordinator
Tessa Numedahl, LBSW, Social Services Supervisor
Carolyn Sexton, RN, Asst. Living Nurse Manager
Rose Beardmore, Office Manager
Jason White, Environmental Services Supervisor
Kacey Wedo, Dietary Supervisor
Kate Klimesh, Business Development
David Larson, Environmental Services Supervisor;
Vennehjem Campus

Join us in praise!

Sun, 4 pm Worship or Devotions & Hymns
Tues, 10:30am Stories with Pstr Hanson– Ecumenical study
1st Wed each month, 2pm, First Lutheran communion
3rd Wed each month, 2pm, Decorah Lutheran communion
Thurs, 10:30am Worship
1st & 4th Thurs, 3:30pm Rosary
2nd Thurs, 3:30pm Mass
2nd Fri each month, 10:30am Washington Prairie communion

We are pleased and grateful that many of our local pastors make the effort to come on Sundays to lead worship. It is so good for the residents to see their own pastors throughout the year!

Mission, Vision and Values

Our Mission: Aase Haugen Senior Services is an ecumenical adult community providing a continuum of care in a Christian environment which nurtures the body, mind and soul, leading to healing and hope for all we serve.

Vision: Aase Haugen Senior Services, sensitive to the future of our community, will respond with creative exceptional care that inspires independence, hope and compassion. In harmony with the vision of our benevolent founder, Aase Haugen, we will always be here to serve, thanks to the nurturing and dedication of our caring community.

We Believe: Everyone in the Aase Haugen Community is FAMILY; including those we serve directly, their families, our staff, benefactors and volunteers.

People who are in need because of illness, injury or frailty of body, mind and spirit are especially DESERVING of CARE.

All God's people are deserving of care, love, compassion and RESPECT regardless of their resources.

Our Christian identity and heritage create a calling to maximize all resources to ensure that those entrusted to us are provided ministries of HEALING and HOPE.

Upcoming Events

- Jan. 2—10 am Rose Bowl Parade
1 pm Outback Bowl: Hawkeyes vs Florida Gators
Jan. 11 3 pm Gary Froiland Performance—a 1-man band!
Jan. 15—2 pm Good Shepherd Band Plays
Jan. 16—3 pm Music with Ockie Folstad!
Jan. 17—3:15 pm Music with Doris & Jon
1-23—10 am—Larry Reis - Iowa's Freshwater Clams
1-28 10 am—Chinese New Year Celebration!

We appreciate the efforts of the First United Methodist, First Lutheran and Decorah Lutheran Churches for providing Aase Haugen Senior Services with DVDs of their services weekly for our residents to enjoy.

Congratulations to the recent CNA STEP 1 Graduates: Brittany Lansing, Breanna Lightfoot, Jenifer Mtisi, Melaine Carolus and Donna Dotzler! Congratulations and good luck on your journey through the CNA STEP education and training program!

Thank you so much for the flowers and plants shared with us for worship, especially for special worship days. The flowers and plants have been gifts from residents, family and friends of residents as well as gifts "in memorial" and "in honor" of residents. Our Sincere Thank You for each flower and plant.

Patio Homes Site Construction to Start in Spring

With the Vennehjem Active 55+ Community lifestyle model proving to be so successful, the Board of Directors has been looking at the next phase of growing and utilizing the Vennehjem Campus, and its 86 open acres.

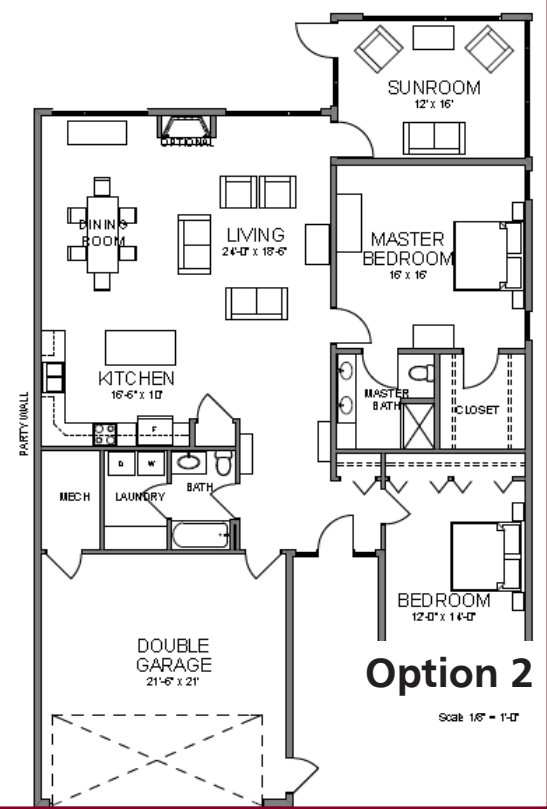
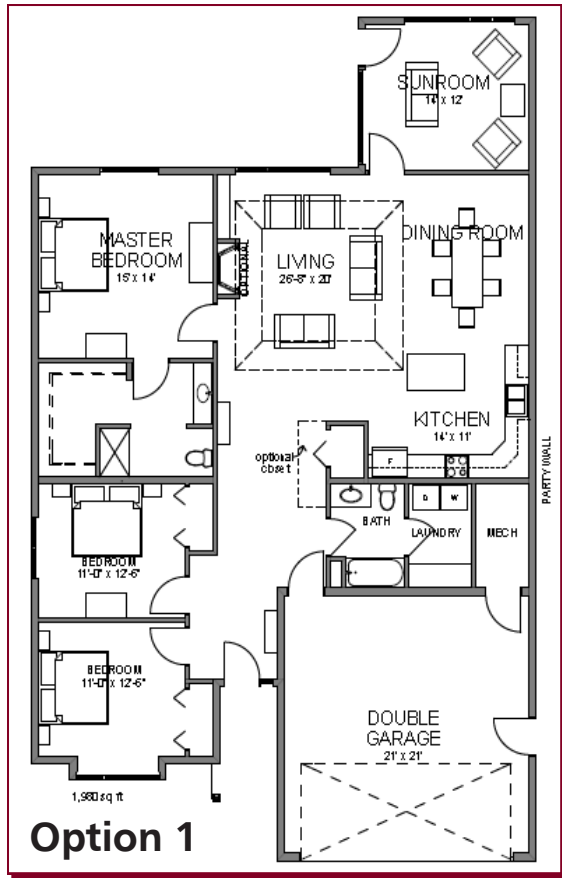
Housing has been identified as a real need by the City of Decorah in its strategic plan, and with a higher than average number of seniors in the Decorah area, offering another level of 55+ housing is a shoe-in for Aase

Haugen Senior Services.

The board has been working with the crew from AHTS Architects of Waterloo on final designs for the duplex patio homes with two car garages. Pictured are some of

venture just around the corner. To get your name on the waiting list for patio home information as soon as its available, contact Kate Klimesh at (563)382-6521.

As soon as plans are finalized and prices set, she will send out the full patio home packet of information to anyone on the waiting list.

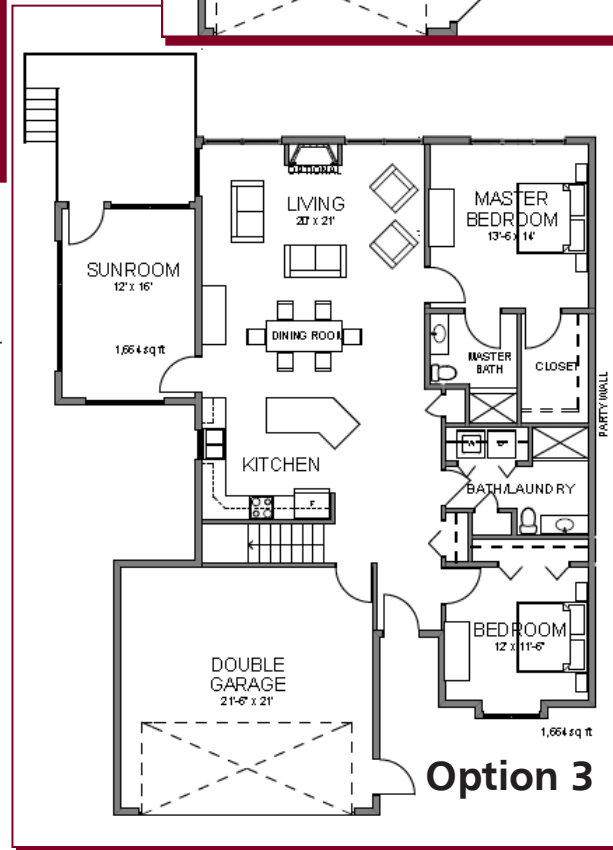


Aase Haugen Senior Services' leaders are hoping to break ground for the infrastructure Spring 2017; laying utilities and grading the road. Then they will begin building the pre-sold Patio Homes, with an estimate of late fall for the first units to be ready for occupancy.

the preliminary designs the board will be working from. Please note some features of these designs may change before the official distribution of sales materials.

Patio Homes will range in size from 1664–1980 sq. ft. in size, with two large or three bedrooms and of course a patio off the back of the home. Homes will be provided all major appliances, with maintenance on appliances, systems and physical structure included in the service package. Grounds-keeping and sidewalk maintenance will also be included in the service package. Option 3 will have an unfinished walk-out basement under the majority of the main floor as well.

Many main systems and utilities will be included in one low monthly fee, making monthly bills a breeze! While there are still a lot of details to be hammered out, there is much progress made, with an exciting new



As more details are set and made available, watch the Aase Haugen Senior Services and Vennehjem Facebook pages for more information and future timelines.

At Aase Haugen, we are always looking to the future needs of seniors in our area. These Patio Homes will be just the beginning of a new Aase Haugen Senior Services on Nordic Dr.—the future of senior services in Decorah!

Annual Appeal Donations*Sept. 17 through Dec. 20, 2016***Memorials/Honorariums**Arlene Abegglen Memorial

David Abegglen ■

Luke Anderson Memorial

Albert & Marilyn Anderson ■

Barbara Baker Memorial

Lisa Haggas&Stephen Johnson■

Ruth, Russell Bakken Memorial

Roderick & Nancy Bakken †

Anna, Arthur Barth Memorial

Frances Nelson ■

Jean Barnes Memorial

Brenda & David Johnson †

Wanda Bernatz Memorial

Albert & Marilyn Anderson ■

Jim Borcharding Memorial

Sheri & Jack Borcharding ■

Ruth Branhagen Memorial

Michael & Carol Bergan ◆

Michael, Steven Bruening Memorial

Duane &Eileen Bruening†

Hub, Joyce Christen Memorial

Del & Carolyn Fure ■

Lyle DeBower Memorial

Margie De Bower ■

Connie Glock Memorial

Erwin Glock ◆

Eldora Hanna Memorial

Rebecca Hanna ∞

Rita Hanson Memorial

Minnie Mary Merrill ◆

Merlin F., Evelyn J. Hanson Memorial

Scott &Martha Svenson■

Pam Haugen Memorial

Gerald & Theola Haugen ■

Beatrice Iverson Memorial

Arlene & Donald Roney ■

Gertrude Johnson Memorial

Tom & Linda Johnson ■

Donald & Elaine Johnson ■

Cora Kirkeby Memorial

Virginia Holder ■

Earl Kern Memorial

Rita Kern ◆

Tom Kraabel Memorial

Liang Chee Wee ■

Jerome Kroshus Memorial

Marlene&Duane Fenstermann■

Alfred Kvammen Memorial

Ethel Kvammen◆

Huber Lennon Memorial

Donna Broadbent ◆

Jack, Doris Malek Memorial

Robert & Joann Davis ■

Marcella, Wayne Osmundsen Memorial

Cathy & Bob Iverson■

Olga Ottesen Memorial

Sarah Ottesen ◆

Caroline Rickaboug Memorial

Al & Doris Etteldorf ■

Ethel Sensor Memorial

Marilyn Sensor ■

Leonard Sorenson Memorial

Duane & Arlene Larson ■

George Oluf Stokker Memorial

Kathleen Stokker †

Wayne Timmerman Memorial

Betty Timmerman ■

Nerma Wagner Memorial

Barbara Welgos ◆

Lyndon Wenthe Memorial

Perry NovakElectric†

Wilma Whitehill Memorial

Mick Whitehill ■

Erlin Womeldorf Memorial

Lilly Womeldorf■

In Memory of Loved Ones

Carlton (Bud) & Shirley Collins ■

Ruth Nessel, Ron Fretheim Memorial

Orlin & Valois Mandsager ■

Otto Nessel, James Helgeson, Harlan Nessel Memorial

Janice Helgeson ■

Herman & Helen Hemesath, William Brown Memorial

Edward & Mary Payne ◆

In Honor of Jim Anderson

Kari Winters ■

In Honor of Rev. Richard Simon Hanson

Betty Hoff■

In Honor of Marjorie Hove

Wanda & Lyle Askelson ■

In Honor of Julia Tallman

Bob & Carol Stoker ■

In Honor of Farwell/Bruening, In Memory of Jean Hardy, Dorothy Kuhlman

Deborah Bishop ■

In Honor of Esther Rovang, In Memory of Melvin Rovang

Raymond Rovang ■

General Appeal Donations

Corrine Thingvold *

Wayne & Tracy Dostal ■

James & Ann Rhodes ■

R. Eric & Cynthia Carlson ∞

Elwin & Helen Farwell †

David & Lynn Noack ■

Henry Jr. & Rosemary White-

horne ■

Canoe Ridge Lutheran Women■

Kerndt Bank & Trust ∞

Naomi & Ole Winter ■

Vince Williams ■

Glenn Nelson †

Myrvin & Anne Christopherson◆

Haldis Kaasa ■

Carole Rambo ■

Ron & Nina Taylor ■

Judy Abegglen ■

Sarah Andersen ■

Carol & Dennis Tack ◆

James & Nancy Ulring ■

Marjorie Hove ■

Larry & Diane Grimstad ▼

David Bakken■

Heather Armstrong ■

Wayne Schweinefus■

James & Jane Eckblad ■

John & Karen Tjostem ■

Peggy Wright■

Barbara M. Dostal ■

Ruth Fjelstad ∞

Rulan Hansen■

James T. Weigle ■

Linda Drackley ■

Decorah Lutheran Women ∞

Denis & Dianne Wemark ◆

Richard & Barbara Amundson ✕

Paul & Bev Nichols ■

John Anundsen ▼

Judy Hovden ■

Vernon & Donna Bahr ■

Dennis & Ruth Green ■

Hesper Lutheran Women ■

Canoe Ridge Lutheran ■

Bruening Rock Products, Inc.▼

Peace Lutheran WELCA ■

Marilyn Helland■

General Donations*Sept. 17 thru Dec. 20, 2016*Marion Beatty Memorial

Daryl Bergan ◆SC

Emory & Elaine Fretheim ◆SC

Ruth Branhagen Memorial

Wanda & Lyle Askelson ◆

Ruth Woldum*

Peter Estrem Memorial

Richard & Joie Cole ◆

Marjorie Forde Memorial

Arlan Forde ■

Rev. Ron Fretheim Memorial

Margie De Bower *

Emory & Elaine Fretheim ■

Theodore & Betty Kjose, Lois

Palmer, Marylou Erdmann, Nor-

dan Kjose ■ M

Jean Swiggum *

Paul Gerleman Memorial

Patricia Lien * M

Milfred & Joan Nelson *M

Robert Houlihan Memorial

John Anundsen ■

Marcia Fox *

Ron Fox ◆

Joseph & Alice Hemesath *

Paul Hexom *

Joan Rulon ◆ M

Ruth Woldum*

George Jacobs Memorial

Keith & Jody Forde■

Matthew & Heather Heerey■

George and Genevieve Jacobs Memorial

June Holm *

Helen Sand Schaeffer ◆

Shirley Johnson Memorial

Donald Johnson †

Florene Klosterboer Memorial

Rolf & Lori Richardson ■ DC

Tom Kraabel Memorial

Sarah Andersen *

Larry & Karen Berg * DC

Pastor Donald & Barbara Berg*SC

Vi Bohr *

Margie De Bower *

James & Jane Eckblad *

Joanne Fulsaa *

Larry & Diane Grimstad ■

Barbara Kraabel ■

William & Yvonne Kuhlman ■

Ronald & Arlene Lecander■

Luther College Religion & Classics

Depts. †

Diann Marten◆

Joan Rulon ◆M

Marion Rude ■

Nancy & Neal Solomonson ◆SC

Bob & Carol Stoker■

H. Allen & Janice Vik ◆

The Lord's WillMake a
bequest toAase Haugen Senior
Services**In Your Will**

Norma Krauskopf Memorial
Ray & Judy Kalec ♦
Lewis & Vickie Olson *
Helen I. Olson * DC

Dorothy Kuhlman Memorial
Sarah Andersen *
Pastor Donald & Barbara Berg*SC
Henrik & Marcia Engebretson ♦
Jean Forde ♦
Ron Fox ♦
Rebecca Hanna ♦
Mary Jones ♦
Ardis Klotzbach ♦
Duncan T Lane ■
Kenneth & Ruth Melby ♦
Harland & Corrine S. Nelson ♦
Luann Smith *SC
Barbara Welgos *

Bruce Meyer Memorial
Lillian Bruvold * M

Leo and Thelma Moen Memorial
Lyle Moen■

Helena Naef Memorial
Friends & Family ‡

Raymond Rovang Memorial
Friends & Family *
Arlin Hanson ♦
Ray Kvamme ♦

Russell Rulon Memorial
Richard & Barbara Amundson♦M
Sarah Andersen ♦
Peggy Beatty ■ M
Marion Rude ■
Barbara Welgos *

Lucille Sacquitne Memorial
Luann Smith *SC
Peggy Wright ♦

Ethel Sensor Memorial
Jerry & Elaine Thompson ♦

Pam Snell Memorial
Lee & Shirley Vangsness ♦ M

Helen Trapp Memorial
Vi Bohr ♦

Helen Vick Memorial
Helen Arneson *
Larry & Karen Berg * DC
Marjorie Hove *M
Walter & Lorraine Teslow *
Laurel & Jim Womeldorf♦

In Honor of 2016 Love Gift
Washington Prairie WELCA ■ M

Financial Donations
Amy & Reg Bakken *
Brent Berns *
Faye Bockman *

Francis Bouska *
Keith & Amy Bruening ‡
Norman Bohr ♦
Calmar Lutheran Church■
Decorah Lutheran Church *
First Lutheran Church +
First Lutheran Church WELCA∞
Friends & Family *
Mary Ann Gloe ♦
Good Shepherd Lutheran ▼
Hauge Lutheran WELCA■SC
Joseph & Alice Hemesath ■
John Kane*
John & Karen Kerndt ♦
Madison Lutheran Church‡
Jannan Malanaphy *
Mary Jane Maly *
Francis & JoAnn Massman ■
Karen Melendy ■
Bonnie Murray ♦
Loren Neuzil *
Sherry & Marc Nichols ▼
Delroy & Ruth Palmer ♦
Martin & Norma Pena ■
Joan Schissel ■
James See*
Diane Sondrol *
Gerry Sorenson■
Springfield Lutheran Church ‡
Springfield Lutheran WELCA■ M
Thrivent Choice Dollars▼
Jaclyn & Keith Vollstedt ‡
Robert & Linda Watson ■

We apologize if we have missed anyone. All donations are very important to us!

* up to \$10	♦ up to \$25
■ up to \$50	■ up to \$100
‡ up to \$250	† up to \$350
∞ up to \$500	▼ up to \$1,000
+ up to \$2,700	✖ up to \$5,000
DC Dementia Care	
M Music/Activities Fund	
SC Spiritual Care	

In-Kind Donations

Sarah Andersen, Family & Friends, Tim & Sue Broderick, Duane & Eileen Bruening, Keith & Amy Bruening, Sherry Darling, Karen Ehrie, Patty Everett, Elaine Fox, Karen Fretheim, Garry Gulrud, Cynthia Jacobson, MaryKramer, Ed & Becky Lyon, Mary Marti, Dale & Karen Olson, Joan Rulon, Julie Scheidel, Karen Schluter, Robert & Sadie Sersland, Linda Steffes, Ruth Stortz, Ken & Mary Timmerman.

Many thanks to all who donated items to the Aase Mercantile, our on-site store.

Looking to 2017— a bright future ahead

Recently I was reading minutes from the Aase Haugen Board meeting of March 16th, 1960. At that meeting Pastor Hougén spoke of the aged facility, the growing population of elders across the country and the fact that Iowa boasted some of the greatest numbers of elders. He also spoke of the responsibility that Aase Haugen and the area congregations had in providing a place for seniors. In fifty-seven years, very little has changed. And so once again, we find ourselves at a point where it is time to construct a new facility.



Over the years our services have grown and the delivery of post-acute and long-term care has become remarkably complex. This past year we refined our Chronic Confusion Dementing Illness (CCDI) services as well as our Valley Suites which offer comprehensive post-acute care. These niches, along with our other long-term care services will define who we are for the foreseeable future. In order to continue our mission, a new facility is greatly warranted. Our current building is exhaustive in maintenance issues and is not conducive to workflow efficiencies or in meeting the needs of a growing elder population.

ing on a Capital Campaign to construct a new facility on the Vennehjem property of which we have 86 acres available. At this time, we are looking at an expanded bed occupancy, Wellness facility, child care services, Assisted Living and other amenities fitting for today's seniors. Additionally, we will incorporate numerous renewable energy concepts as well as Internet Technologies into the facilities' infrastructure. The board of directors and myself are putting together a platform of educational briefs, marketing materials and public relation activities that will enable you to be directly involved in helping our community become the flagship of elder-care services in Northeast Iowa. It is my pleasure to serve as your Executive Director, and I look forward to all the possibilities the future will provide for our residents, families and staff.

Jeffrey K. Schmidt, MS, ACHCA

Executive Director, Aase Haugen Senior Services

Aase Haugen is embark-

563-382-3603 TDD: 1-800-735-2942
info@aasehaugen.com www.aasehaugen.com



Members of the Aase Haugen Board of Directors were festive as they helped us celebrate the holidays at the Aase Haugen Senior Services Staff Christmas Party Dec. 12. We appreciate their leadership and support! Pictured are (l-r) Charlene Selbee, Rebecca Hanna, Wanda Askelson, Ron Taylor, Steve Langland.

You can make a difference!

This past October, we asked for your help in growing the Aase Haugen Foundation's Endowment Fund, which the Foundation invests to earn interest for offsetting the costs of non-reimbursed costs of care. The more we have in the endowment, the more interest we can earn, ensuring a lifetime of support for Aase Haugen Senior Services and a continuation of care for all the people we serve now and in the future.

Growing an endowment is a noble and worthwhile cause, and we have enjoyed so many generous donors' support to date, raising a total of \$17,355!

This truly is the gift that keeps on giving year after year. If you haven't donated to Aase Haugen in a while, please consider giving now, where your gift helps grow interest that helps the people we serve. Your gift ensures that Aase Haugen will always be there to serve with creative care and exceptional staff.

Of you can, please fill out the form at the right and send in your donation now to grow our endowment and increase the amount of support to Aase Haugen Senior Services each and every year by giving this one gift! Remember—at Aase Haugen, every gift matters, every gift can make a difference! Thank you for your support!

Yes, I can!

I would like to make a donation to Aase Haugen to further enhance quality care for our elders!

Enclosed is \$ _____

In Memory of _____

Special Purpose _____

Donor Name: _____

Address: _____

E-mail: _____

*Optional, check circle

In an effort to save paper, please send me the Herald via Email to the address listed above.

Please mail or drop off donations to:

Aase Haugen Senior Services, Inc.

4 Ohio St.,
Decorah, IA 52101